

European principles of care for physiotherapy provision for persons with inherited bleeding disorders:

perspectives of physiotherapists and patients



Physiotherapists should practise in partnership with other health professionals to manage and provide multidisciplinary services to persons with bleeding disorders.



Access to physiotherapy should be provided to all individuals with a bleeding disorder.



Persons with a bleeding disorder should be able to self-refer to a physiotherapist.



Persons with a bleeding disorder should be offered assessment and treatment of their musculoskeletal condition and personal needs built on a shared decision-making approach.



Persons presenting with a bleeding disorder should be offered supported self-management as part of the management plan to recognise and develop their capability to manage their own health and take responsibilities for their wellbeing.



Physiotherapy assessment and care should be clearly and accurately recorded and shared between relevant members of Haemophilia Treatment Centre care teams and the person with the bleeding disorder.



All aspects of the physiotherapy process can be delivered in a diverse range of settings.



Physiotherapists should maintain continuous up-to-date learning and professional development relevant to bleeding disorders.

